

Leitrim

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Walking in Leitrim



www.enjoyleitrim.com/walks

Fáilte go Liatroma

Gheobhaidh tú i dTreoirleabhar Siúlóidí Liatroma eolas maidir leis na siúlóidí éagsúla i gContae Liatroma. Lena tírdhreacha áille, cosáin fhéarmhara, uiscebhealaí suaimhneacha agus cladaí locha galánta; tá Liatroim ag fanacht ort. Leag do dhá shúil féin ar mhórgacht Loch Aillionn nó breathnaigh thart ar Shliabh an Iarainn, áit fhiáin a bhainfidh an anáil díot. Téigh ag cnocadóireacht ar Chonair Áradh nó ag spaisteoireacht trí Ghleann Fearna. Tá siúlóidí do dhaoine ar gach leibhéal cumais sa treoirleabhar seo. Níl sa treoirleabhar seo ach sampla den rogha leathan siúlóidí atá againn i Liatroim Le teacht ar liosta de na siúlóidí ar fad, féach www.enjoyleitrim.com/walks

Welcome to Leitrim

The Leitrim Walking Guide provides details of walking in County Leitrim, with its beautiful landscapes, grassy trails, tranquil waterways and scenic lake shores; Leitrim is waiting to be explored. Take in the majesty of Lough Allen or discover the wild and wonderful uplands of Sliah an Iarainn, enjoy hillwalking on the Arroo Trail or a woodland walk at Glenfarne Demesne. This guide contains a sample of the variety of walks available in Leitrim, suitable for all levels of fitness. For a full list of walks see www.enjoyleitrim.com/walks



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Leitrim's Flora & Fauna

Leitrim is a nature lover's paradise. This is a traditional tract of rural Ireland that is sparsely populated with Lough Allen separating the hilly northwest from the relatively flat southeast. It is a county of extraordinarily beautiful landscapes, with soaring mountains and plunging valleys, rolling pastures and woodland, lakes and rivers and the shortest coastline in Ireland on the Wild Atlantic Way which is just 4km long.

Lough Allen, the uppermost lake on the River Shannon, remains an unspoilt gem in the Leitrim countryside. Rare orchids such as Irish Lady's Tresses are found here along with the rare freshwater white fish, pollan. The only other places pollan are found are in Lough Neagh and some lakes in Northern Russia. You can also catch glimpses of pine martens, otters and once rare red squirrels which are now found in large numbers west of the Shannon, along with the rare Debonbons bat.





Further afield, in North Leitrim, the Irish red grouse thrives as a result of the Boleybrack Project and a habit-management plan. This project has resulted in not only increased numbers of the Irish red grouse but raptors such as the hen harrier have returned to the area as well.

Walking the Arroo Trail in the Glenade Valley you can find Arctic alpine plants which are common high on the mountain but very rare in the rest of Ireland. Both peregrine falcon and the golden plover are also found here making the area rich in biodiversity.

A walk through Carrick on Shannon



Trail Description

Carrick on Shannon is full of architectural delights and surprises. Walk around the town and you will come across old stone buildings that have been imaginatively restored; a neglected church renovated, an elegant parish hall modernised, an intriguing piece of historic street furniture repaired or other fascinating remnants of the past.

Booklet for this trail available free at the Tourist Office

Trail - Points of Interest

- | | | |
|--------------------------------------|--|----------------------------------|
| 1. Quay Area | 11. Hartley Manor | 22. Site of Carolan House |
| 2. Old Barrel Store | 12. St. George's Terrace | 23. Presentation House |
| 3. Tourist Office | 13. Town Clock | 24. St. George's Town House |
| 4. The Liberty | 14. Market Yard | 25. Gallows Hill |
| 5. Rosary High School | 15. Costello Memorial Chapel | 26. Birthplace of M.J. Mac Manus |
| 6. Sam Holt Birthplace | 16. Susan Mitchell Birthplace | 27. Site of the Fever Hospital |
| 7. Victoria Hall | 17. Town Hall | 28. Workhouse Attic |
| 8. Town Park and Rowing Club | 18. James Gralton | 29. Famine Graveyard |
| 9. The Old Jail | 19. Old School | 30. Marist Convent |
| 10. The Court House-Dock Arts Centre | 20. St Mary's Church | 31. River Amenity |
| | 21. St. George's Heritage & Visitor Centre | |

GRADE: Easy

LENGTH OF WALK: 4.5km

TIME: Approx 2 hours

WAYMARKING: Green Historic Trails circular signs

DOGS ALLOWED: Yes – on a lead

FACILITIES NEARBY: Cafés, shops, pubs, restaurants and accommodation

TRAILHEAD / STARTING POINT: Tourist Office, The Old Barrel Store, Carrick on Shannon

DIRECTIONS TO THE STARTING POINT: The Tourist Office is located in the end of the large car park on the Quayside in Carrick on Shannon

A Walk Through Carrick-on-Shannon

A sign-posted trail through Leitrim's historic County town



Manorhamilton Heritage Trail



Trail Description

Manorhamilton is the peaceful and picturesque capital of North Leitrim. It is situated in the centre of the North Leitrim Glens which are characterised by its mountains and lakes where deep glacial valleys form a spectacular and dramatic landscape renowned for its hillwalking. The trail is a walking tour outlining the rich heritage and history of the town.

Trail - Points of Interest

- | | | |
|--------------------------------|--|--|
| 1. Hamilton's Castle | 8. Star Fort Site | 13. Market House |
| 2. Courthouse | 9. The Workhouse Site | 14. Gilbert's Medical Hall |
| 3. Bank of Ireland | 10. Sligo Leitrim & Northern Counties Railway | 15. Allied Irish Bank |
| 4. The Glens Centre | 11. St. Clare's Hall | 16. Biddy's Bar |
| 5. The Dispensary | 12. Old Protestant Church and Graveyard | 17. Old Methodist Church and Masonic Hall |
| 6. Bee Park | | 18. Jak's Casino |
| 7. St Clare's RC Church | | |

GRADE: Easy

LENGTH OF WALK: 3.5km

TIME: Approx 1 hour 30mins

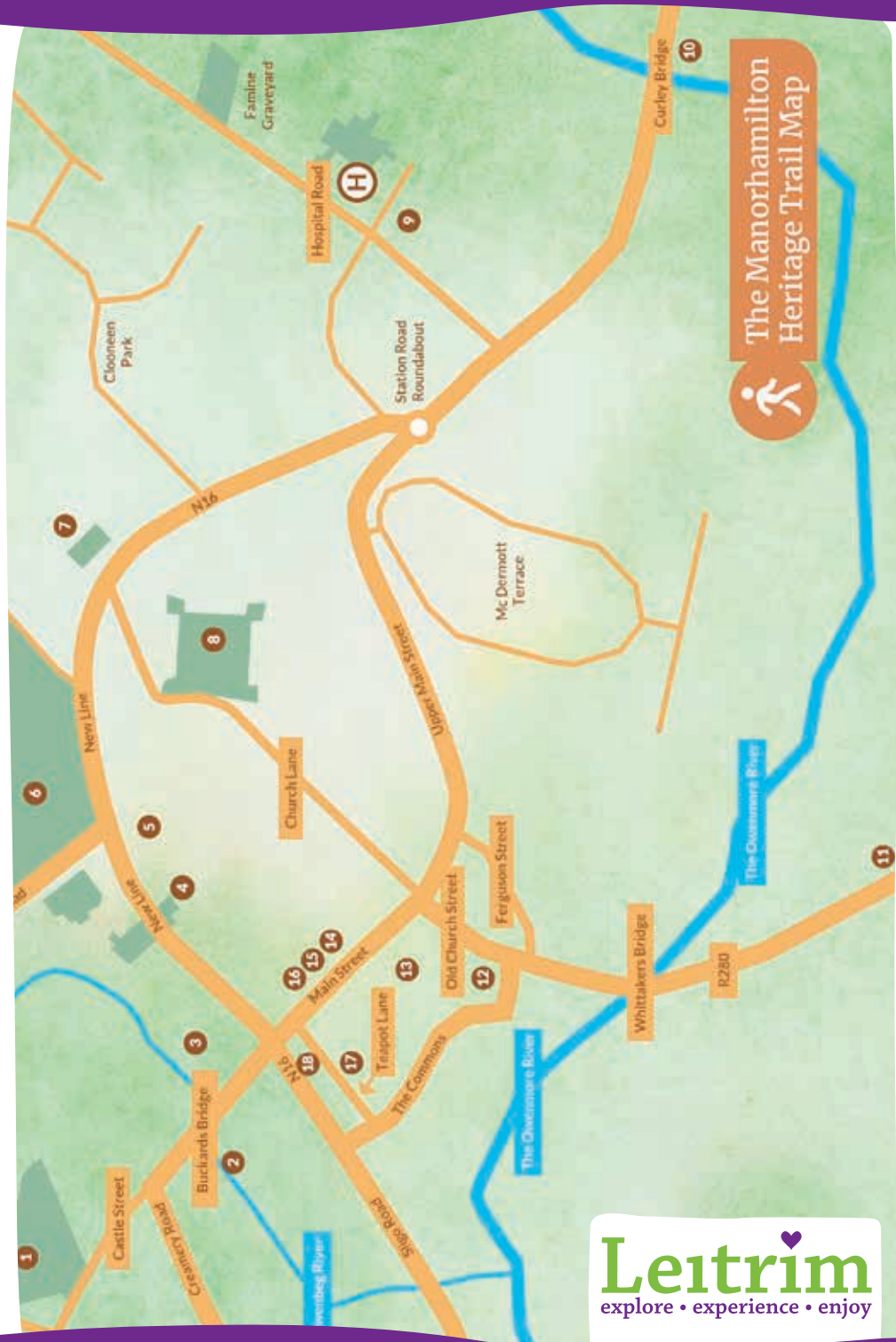
WAYMARKING: Heritage Trail signposts

DOGS ALLOWED: Yes – on a lead

FACILITIES NEARBY: Cafés, shops, pubs, restaurants and accommodation

TRAILHEAD: Manorhamilton Castle

DIRECTIONS TO THE STARTING POINT:
N16 from Sligo or Enniskillen

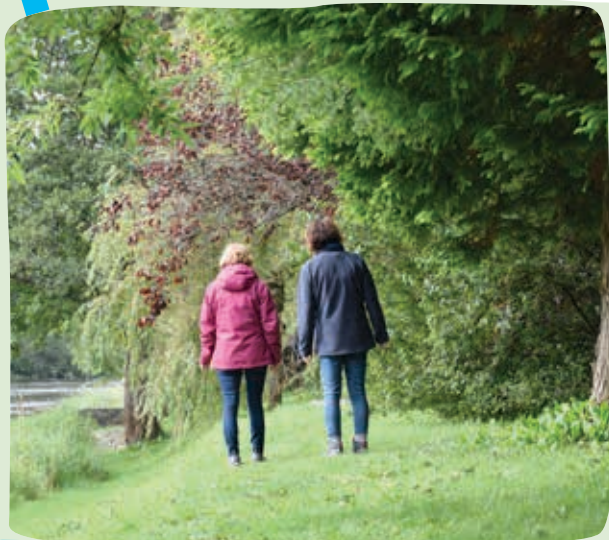


The Manorhamilton
Heritage Trail Map



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Anthony Trollope Trail, Drumsna



Trail Description

The Anthony Trollope Trail is a signposted trail of the town in Drumsna. It is named after the English Victorian writer who stayed here during the 1840s and wrote one of his first novels *The MacDermotts of Ballycloran* which was published in 1847.

Trail- Points of Interest

1. Gannon's Workshop
2. Strawbridge Memorial
3. Old Graveyard-T.H Parke Grave-Ringfort
4. Fair Green-Millennium Capsule-Oak Tree
5. R.C Church-Stained Glass Windows-BB Court
6. Entrance to Belmont House
7. People's Orchard
8. Flyover/Bridge over N4 to roundabout
9. Old School
10. Strawbridge Birth Place-View of the Shannon
11. Headford Hse/Ballyclaran
12. Nature Trail
13. View of Lough Aduff and Shannon
14. Down Hill-Cross N4 to Crowe Hill
15. Optional walk to St. Anne's Church of Ireland
16. Tom Dunphy Memorial-Railbridge-Masonite
17. Crow Hill-Ringfort-Shannon
18. Golden Age Stone Village-Youth Gardens
19. Harbour/Quay "Snamh" Sculpture and Wildlife Area
20. Quay Street, C.R.C Information Point
21. Entrance Gates to "Mount Campbell Estate"
22. P.Gill Memorial
23. Ivy House-Taylors
24. Main Street-Warehouses
25. Shannonside Walk-Handball Alley
26. Bridge-Blind Area-Flanker House
27. Doon of Drumsna

GRADE: Moderate

LENGTH OF WALK: Approx 10km

TIME: Approx 3 hours

WAYMARKING: Trollope Trail signposts

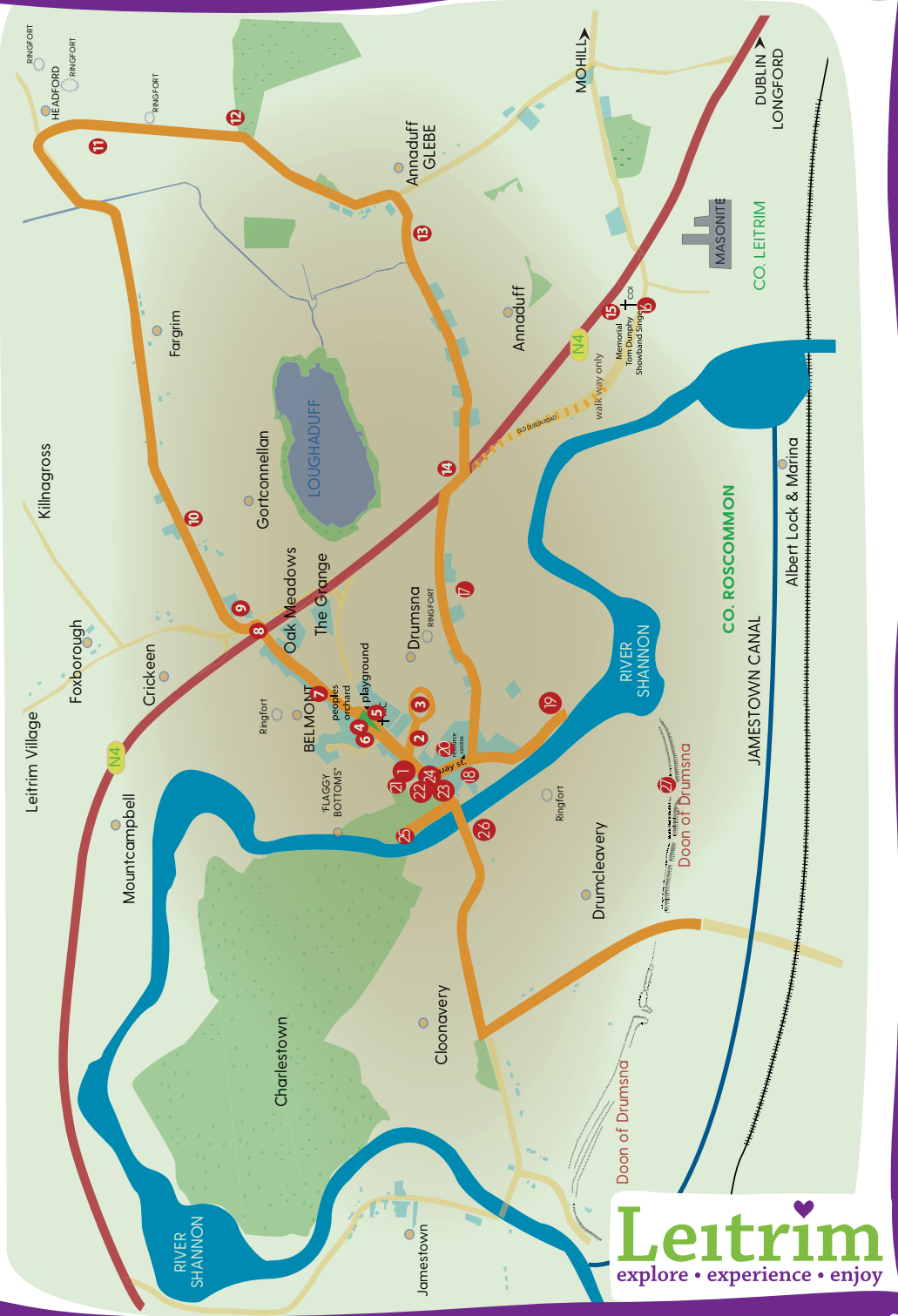
DOGS ALLOWED: Yes – on a lead

FACILITIES NEARBY: Pubs/shops

TRAILHEAD: Drumsna Village

DIRECTIONS TO THE STARTING POINT:

Off the N4 take the R299 to the centre of the village



Bóthar na Naomh, Cloone



Trail Description

Bóthar na Naomh is a short looped walk at the village of Cloone. The trail is marked both ways and there are options for the walker to take shorter or longer routes around the trail. It runs north south through the village to access old paths that have been reinstated across deciduous woodland and cutaway bogs. The total length of available trails is 5.75km. The entire trail is surfaced with loose gravel, most of it is at least 2m wide and the gradient is very low. The area is a quiet scenic rural landscape with typical limestone wetland vistas of riverbank, damp meadows, woodland, bog and lakeshore. Bóthar na Naomh derives its name from an old route connecting the early monastic site in Cloone Village to the burial ground on Caldragh Hill nearby. The northern section of the loop follows this route. Other parts of the loop utilise more recent pathways to the school, church, the village and/or the bog.

GRADE: Easy

LENGTH OF WALK: 5.75km

TIME: 1 hour

WAYMARKING: Yes

WALKING TERRAIN: Level

DOGS ALLOWED: Yes – on a lead

SUGGESTED GEAR: Comfortable walking shoes

FACILITIES NEARBY: Shop & two pubs



OSi Map Series: Discovery Series – Sheet 34

TRAILHEAD / STARTING POINT: Opposite Creegan's Pub **N141 995**

DIRECTIONS TO THE STARTING POINT: Located on the left hand side of the road between Cloone National School just before Cloone Community Centre and opposite Creegan's Pub

SLNCR Greenway

Demonstration Stretch Dromahair

The Sligo Leitrim Northern Counties Railway (SLNCR) ran through Sligo, Leitrim and border towns in Cavan and Fermanagh. It had a colourful past, and was privately owned by Lord Tottenham of Glenfarne Hall who acted as chairman, main contractor and the financier of the line. The proposed greenway trail will convert the disused railway route between Collooney and Enniskillen into a multi-use rail trail for cyclists, walkers and the mobility challenged. Starting in Collooney it passes through Ballintogher, Dromahair, Glenfarne, Blacklion and Enniskillen.



Trail Description

The first 1.25 km is along the old Sligo Leitrim Northern Counties Railway (SLNCR). From there you go along minor public roads to Creevelea Abbey. From the Abbey you go along the path beside River Bonnet into Dromahair village. From the village there are footpaths that take you back to the start of the walk.

GRADE: Easy

LENGTH OF WALK: 1.25km for trail and 5.4km for loop

TIME: 24mins for the trail. The loop takes approx 50mins.

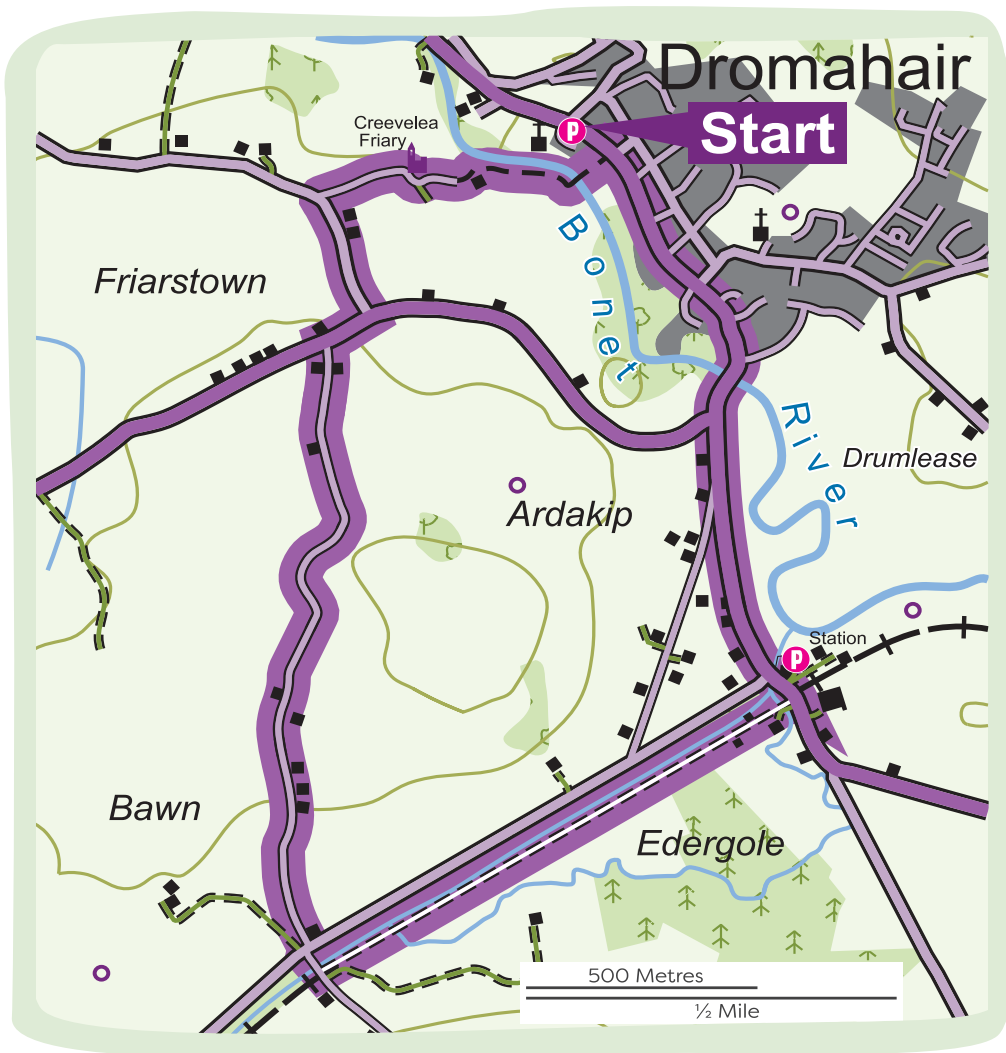
WAYMARKING: Marker signs and sign board

ASCENT: Very few gradients, mainly flat

DOGS ALLOWED: Yes – on a lead

SUGGESTED GEAR: Comfortable walking shoes

FACILITIES NEARBY: Dromahair shops, café, restaurants and pubs



OSi Map Series: Discovery Series – Sheet 25

TRAILHEAD / STARTING POINT: Dromahair close to Clubhouse Bar **830256 N, 580590 E**

DIRECTIONS TO THE STARTING POINT: From Dromahair Village take the R288/R287 towards Manorhamilton for 0.5km. You can park in the Clubhouse Bar car park, start of walk is opposite Clubhouse Bar

SLNCR Greenway

Demonstration Stretch Glenfarne

The Sligo Leitrim Northern Counties Railway (SLNCR) ran through Sligo, Leitrim and border towns in Cavan and Fermanagh. It had a colourful past, and was privately owned by Lord Tottenham of Glenfarne Hall who acted as chairman, main contractor and the financier of the line. The proposed greenway trail will convert the disused railway route between Collooney and Enniskillen into a multi-use rail trail for cyclists, walkers and the mobility challenged. Starting in Collooney it passes through Ballintogher, Dromahair, Glenfarne, Blacklion and Enniskillen.



Trail Description

The trail follows the route of the old Sligo Leitrim Northern Counties Railway (SLNCR). Parking is available at the start. The trail is one direction so walkers will have to turn around and return to the start.

GRADE: Easy

LENGTH OF WALK: 2km

TIME: 38mins (You have to return to start)

SIGNAGE: Direction signs. No trail board

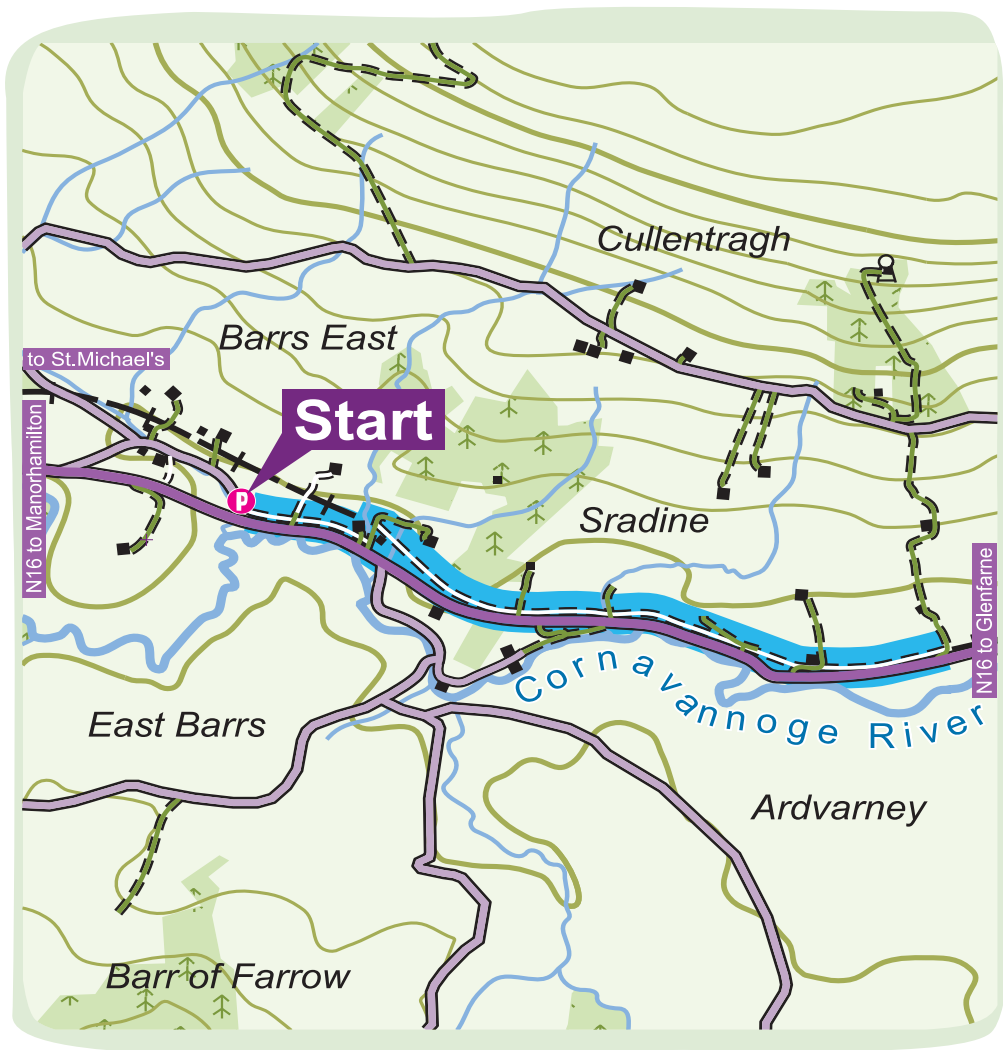
TERRAIN: Level

ASCENT: Mainly flat

DOGS ALLOWED: Yes – on a lead

SUGGESTED GEAR: Comfortable walking shoes

FACILITIES NEARBY: Glenfarne shop and restaurant

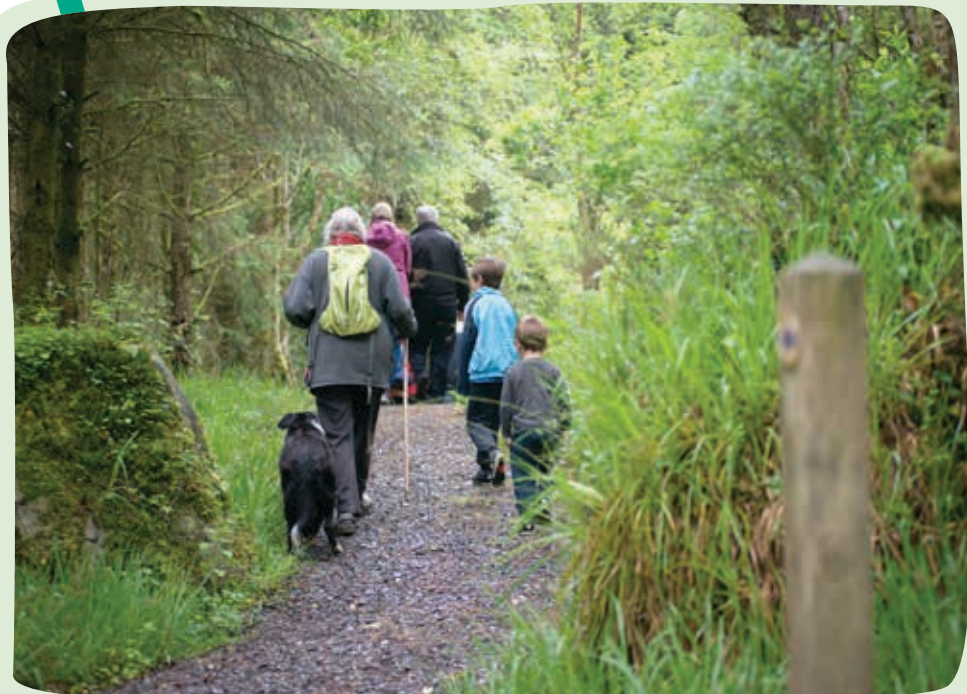


OSi Map Series: Discovery Series – Sheet 26

TRAILHEAD / STARTING POINT: 838072 N, 596417 E

DIRECTIONS TO THE STARTING POINT: From the N16, turn off onto the local road L-2198 signposted St. Michaels RC Church Glenfarne. Straight ahead for the car park.

Glenfarne Forest Woods Walk



Trail Description

This two hour ramble in Glenfarne Forest has fantastic views of Lough MacNea across to Fermanagh. You can follow part of the MacNea Sculpture Trail and see some of the wonderful pieces en route. Read about the history of the Tottenham Estate and visit Ladies Rest, where the ladies from the Great Hall would come to bathe and relax. The walk is on forest paths and tracks and is self-guided with a choice of 3 varied lengths circular signposted walks.

GRADE: Easy

LENGTH OF WALK: 3-4km

TIME: 2 hours

WAYMARKING: Yes

DOGS ALLOWED: Yes

WALKING TERRAIN: Forest trail

WALK ASCENT: 50m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Glenfarne Village 1.5km and Manorhamilton 13km – shops, cafés, pubs and accommodation

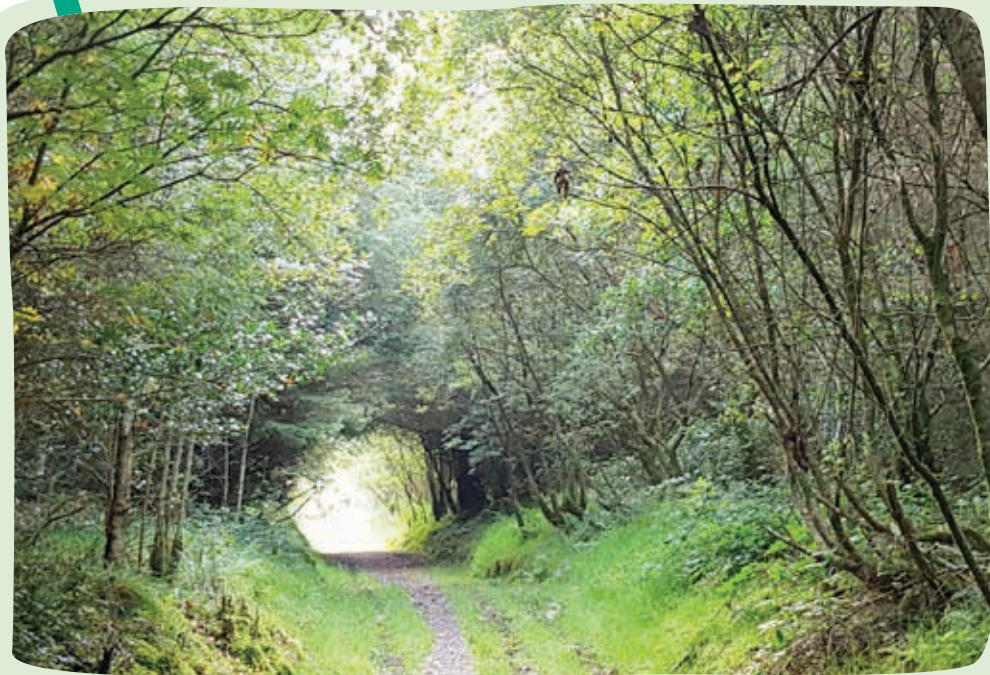


OSi Map Series: Discovery Series – Sheet 17

TRAILHEAD / STARTING POINT: Glenfarne Forest Demesne **H015 405**

DIRECTIONS TO THE STARTING POINT: Glenfarne Forest Demesne is located off the N16 1.5km north of Glenfarne Village on the R281. Picnic area and parking available on site

Milltown Wood



Trail Description

There are a number of recreational walks developed around the village of Lurganboy. They consist of three loops centred on the village in and around Milltown Wood. They go through forest property owned by Coillte and in some cases follow forest access roads. Some of the walks have steep inclines and give elevated views over surrounding countryside. The loops can be combined for a long walk and various parts can be taken in isolation for shorter, less demanding walks. The walks remain close to the village and do not extend into the higher open countryside adjacent to the village in which there are guided walks from time to time.

GRADE: Easy

LENGTH OF WALK: 8km

TIME: 1 hour 30mins

WAYMARKING: Yes

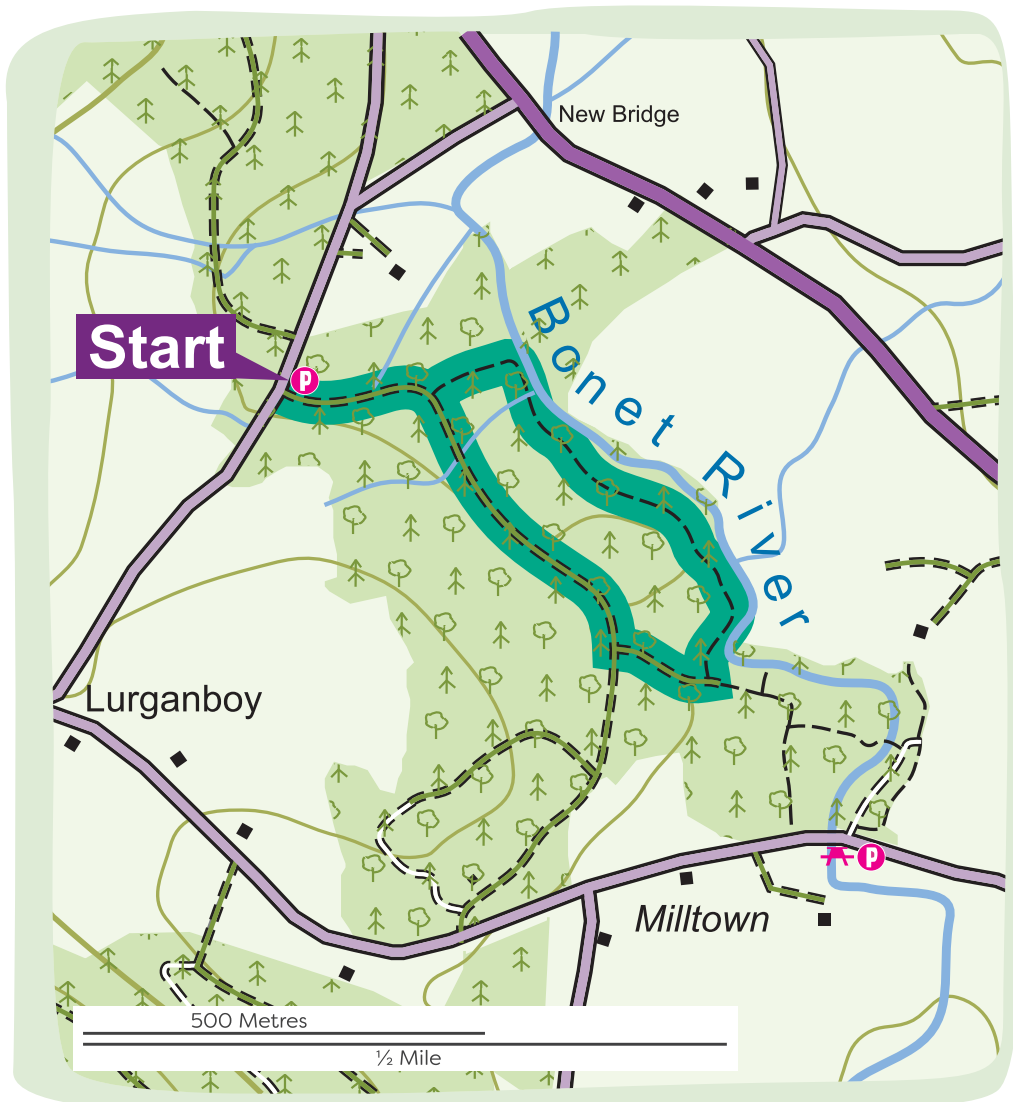
DOGS ALLOWED: Yes – on a lead

WALKING TERRAIN: Moderate on newly gravelled ground

WALK ASCENT: 100m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Cafés, pubs and accommodation

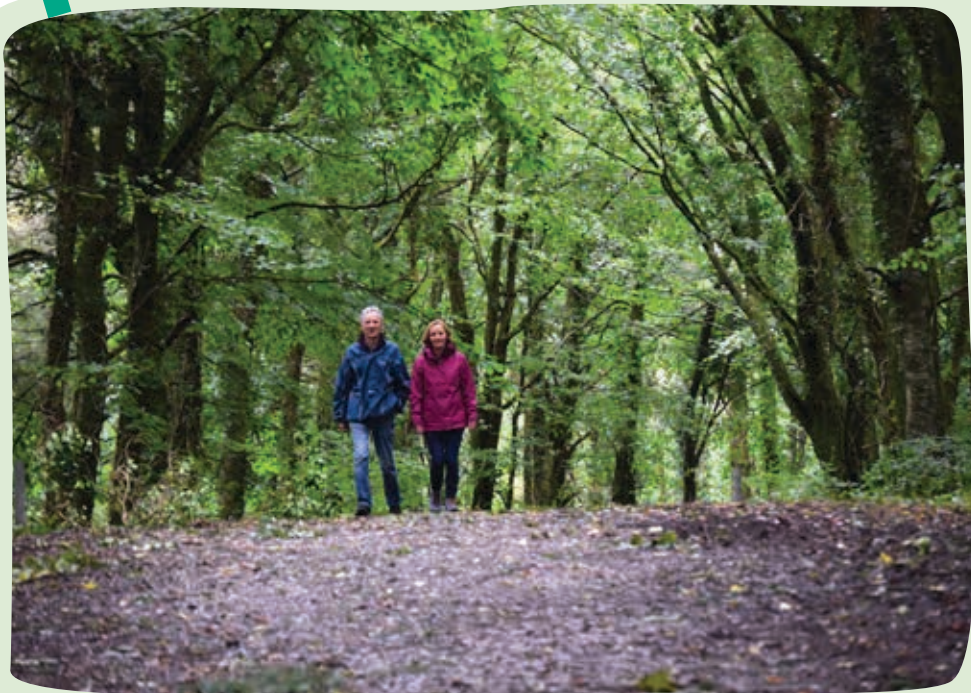


OSi Map Series: Discovery Series – Sheet 16

TRAILHEAD / STARTING POINT: G865 409

DIRECTIONS TO THE STARTING POINT: Leaving Manorhamilton (R280) towards Kinlough, take left to Lurganboy. Car park on right beside bridge.

Derrycarne Wood (Lough Boderg Trail)



Trail Description

This is a 1.9 km walk located just off the N4 beside Lough Boderg which is 14km south east of Carrick on Shannon. The walk itself is through a mixed broadleaf / conifer woodland which was planted in the early 1960s. The walk is flat. The main features of this walk is the beautiful wooded area and the fabulous tranquil surroundings adjoining Lough Boderg.

GRADE: Easy

LENGTH OF WALK: 1.9km

TIME: 30mins

WAYMARKING: There is a sign at the main entrance and also a map of the area showing features of interest

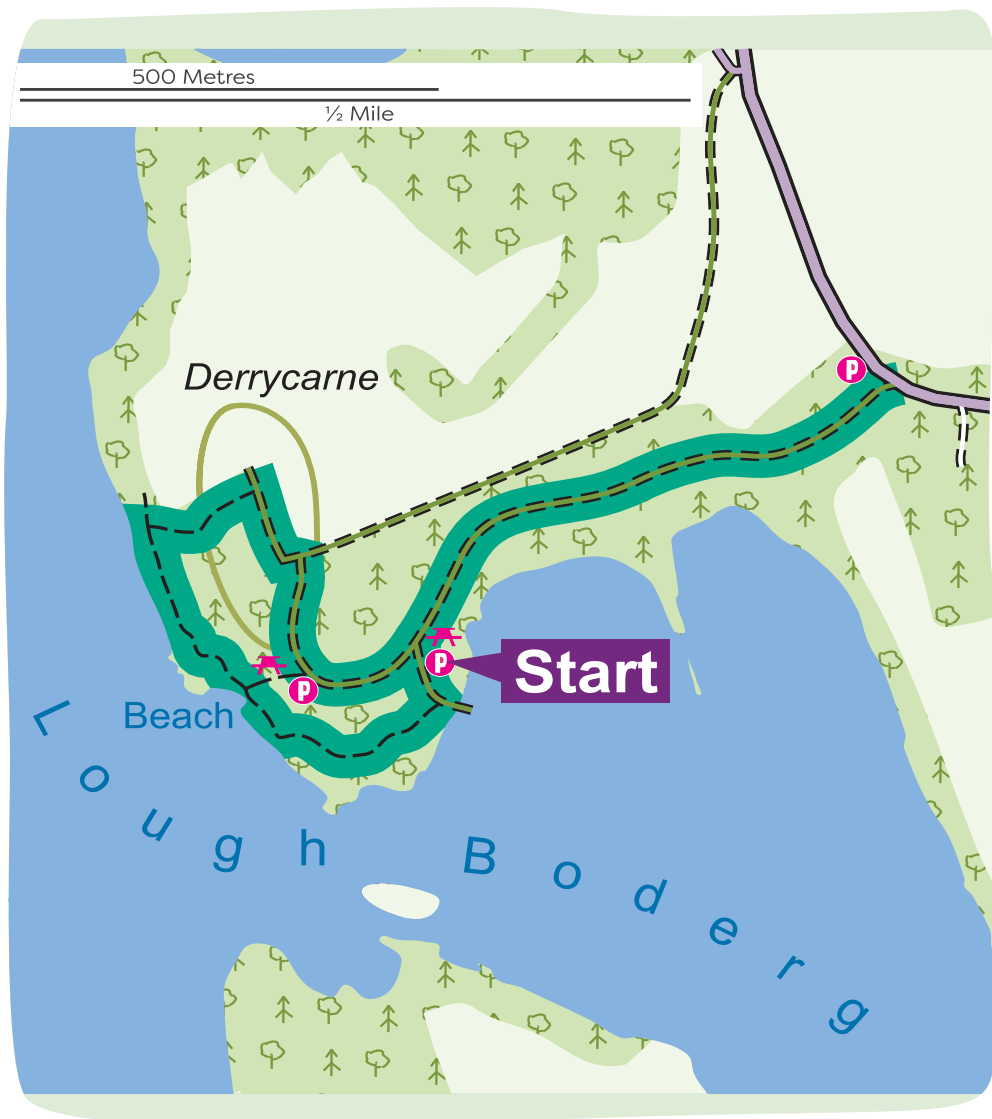
DOGS ALLOWED: Yes – on a lead

WALKING TERRAIN: Flat paved surface

WALK ASCENT: 80m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Dromod – Shops, pubs and café

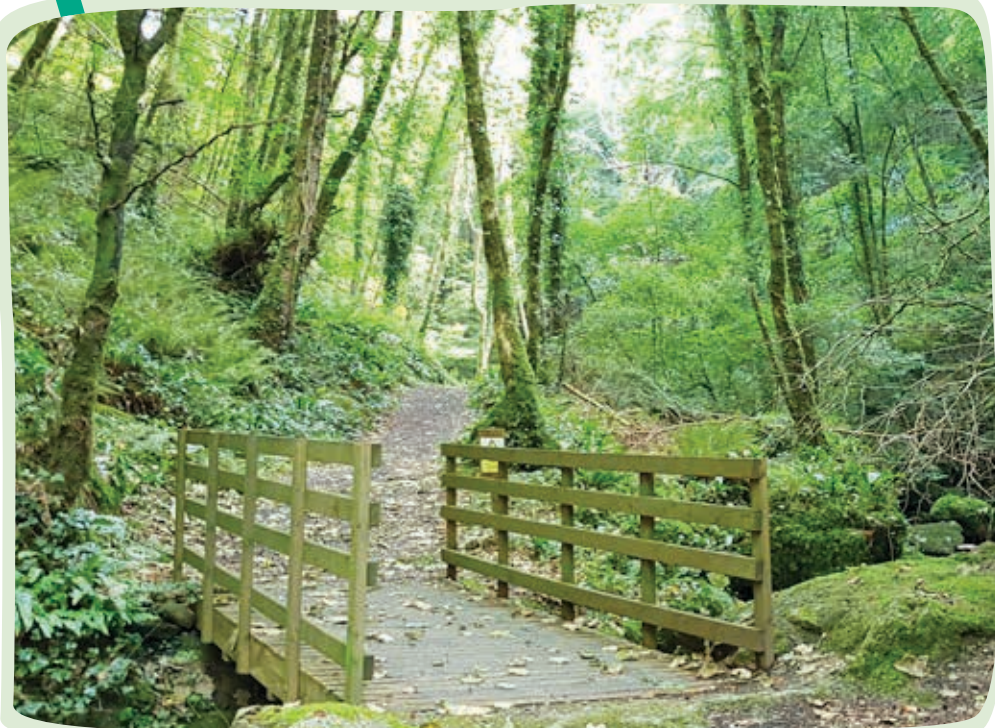


OSi Map Series: Discovery Series – Sheet 33

TRAILHEAD / STARTING POINT: Car park at Derrycarne Wood

DIRECTIONS TO THE STARTING POINT: 14 km south east of Carrick on Shannon off the main N4 Sligo to Dublin and 2 miles approx. from the village of Annaduff. Picnic area and car parking available on site

Cartron (Troll) Wood



Trail Description

This is a 1.2km walk located just off the R286 beside Parkes Castle and Lough Gill. The walk itself is through a mixed broadleaf /conifer woodland which was planted in the early 1960s. The walk starts flat along river and then continues to rise, passing over two newly constructed bridges. The main features of this walk are the beautiful wooded area and the fabulous gorge surrounding both sides of the climb along river.

GRADE: Moderate

LENGTH OF WALK: 1.2km

TIME: 1 hour

WAYMARKING: No

DOGS ALLOWED: Yes – on a lead

WALKING TERRAIN: Moderate
incline on newly gravelled trail

WALK ASCENT: 130m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Dromahair 7km cafés, pubs and accommodation

TRAILHEAD / START: G786 352

DIRECTIONS TO THE STARTING POINT:
Extremely close to Parkes Castle between Sligo town and Dromahair on the R286

Leave No Trace

Leave No Trace is Ireland's National countryside code that promotes responsible outdoor recreation.

The seven principles of Leave No Trace are:

- 1. Plan Ahead and Be Prepared**
- 2. Be Considerate of Others**
- 3. Respect Farm Animals and Wildlife**
- 4. Travel and Camp on Durable Surfaces**
- 5. Leave What You Find**
- 6. Dispose of Waste Properly**
- 7. Minimise the Effects of Fire**



IRELAND
leave no trace

Drumleague Lock Loop



Trail Description

Start from the mapboard at Battlebridge Lock and follow the red and purple arrows for 100m to reach the tarred road. Continue straight here following the roadway along the right bank of the canal. Continue to follow the red and purple arrows along this minor road for approx 2.5km to reach Drumleague Lock and Bridge. The Drumhauver Bridge Loop continues straight here but you turn left, cross the bridge and turn left again to join the other side of the canal. Now follow the red and purple arrows as the loop takes you along this grassy canal bank for 2.5km to reach the tarred road again at Battlebridge. Exit with care, turn left, cross the bridge and turn right towards Battlebridge Lock and the trailhead.

GRADE: EASY

LENGTH OF WALK: 5km

TIME: Approx 1 hour 30 mins / 2 hours

WAYMARKING: Yes

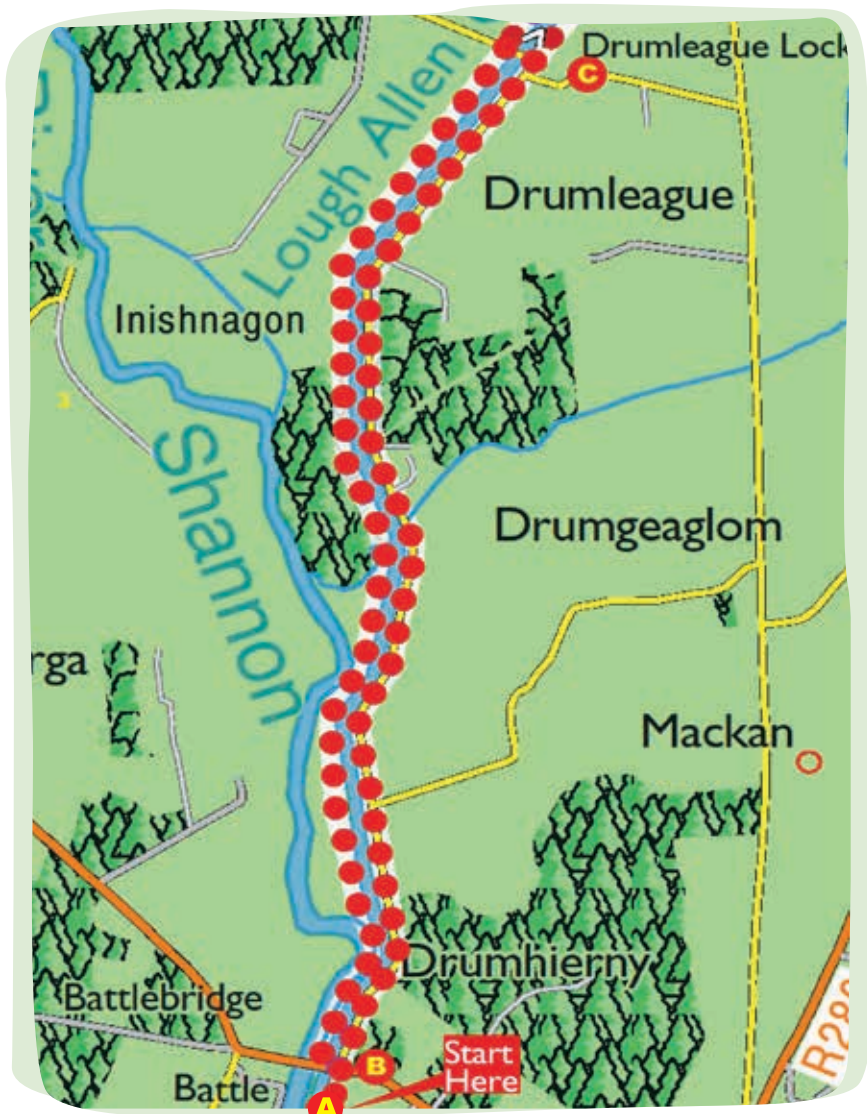
DOGS ALLOWED: Yes – on a lead

WALKING TERRAIN: Canal Path

WALK ASCENT: 50m/20m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Leitrim Village 1 km – cafés, pubs restaurants and accommodation



OSi Map Series: Discovery Series – Sheet 33

TRAILHEAD / STARTING POINT: Battlebridge Lock near Leitrim Village.

DIRECTIONS TO THE STARTING POINT: In Leitrim Village take the left turn for Keadue (R284) In 1 km watch for a stone bridge which crosses the canal. Turn left just before and travel 100 m to reach Battlebridge Lock. The trailhead is located at the mapboard here.



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GH



CAVAN



Longford

LONGFORD

TOWN & VILLAGE WALK

- 1 Carrick on Shannon
- 2 Manorhamilton Heritage Trail
- 3 Anthony Trollope Trail
- 4 Bothar na Naomh
- 5 SLNCR Demo Stretch - Dromahair
- 6 SLNCR Demo Stretch - Glenfarne

FOREST WALK

- 7 Glenfarne Forest Woods Walk
- 8 Milltown Wood
- 9 Derrycarne Wood (Lough Boderg Trail)
- 10 Cartron (Troll) Wood

CANAL & LAKESIDE WALK

- 11 Drumleague Lock Loop
- 12 Drumhauver Bridge Loop
- 13 Keeldra Lake

LOOPED WALK

- 14 Crummy Loop
- 15 Aghacashel Loop
- 16 Tullylacken Loop

LINEAR WALK

- 17 Arroo Trail
- 18 Glencar Hill Walk

LONG DISTANCE WALK

- 19 Leitrim Way
- 20 Miners Way & Historical Trail

Drumhauver Bridge Loop



Trail Description

Start from the mapboard at Battlebridge Lock follow the purple and red arrows for 100m to reach the tarred road. Continue straight on the roadway (L7381) along the right bank of the canal. Continue to follow the purple and red arrows along this minor road for approx 2.5km to reach Drumleague Lock and Bridge. The Drumleague Lock Loop (red arrows) trunks left here but you continue straight, pass through the parking area at the lock and rejoin the right side of the canal. Now follow the purple arrows as the loop takes you along this grassy canal bank for 2.5km to reach tarred road (R280). Join the road with care, turn left, cross the bridge and turn left again to join minor road (L7380). Follow this minor road for approx 150 metres to reach the access path to the canal on your left. Join the canal bank here and continue to follow purple arrows as the loop follows the canal bank for 2km to reach Drumleague Lock again. Continue straight across the roadway as you rejoin the Drumleague Lock Loop (red arrows) and rejoin the canal bank. Now follow red and purple arrows as the loop takes you along this grassy canal bank for 2.5km to reach the tarred road again at Battlebridge. Exit with care. Turn left across the bridge and turn right towards Battlebridge Lock and the trailhead.

GRADE: Easy

LENGTH OF WALK: 10km

TIME: 2 hours 30mins / 3 hours

WAYMARKING: Yes

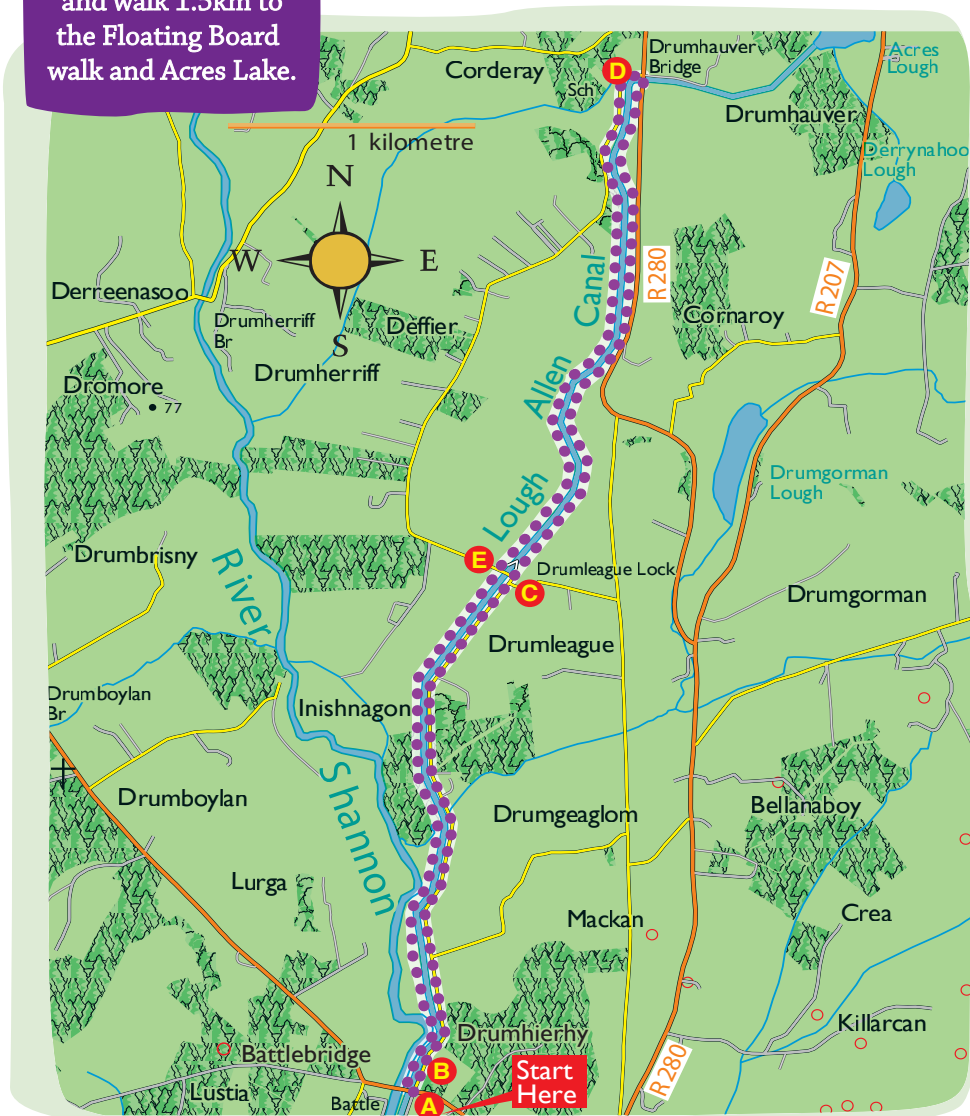
DOGS ALLOWED: Yes – on a lead

WALKING TERRAIN: Minor roads, canal banks.

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Drumshanbo and Leitrim Village, cafés, pubs, and accommodation

At R280 (Point **D**) continue across the road straight ahead and walk 1.5km to the Floating Board walk and Acres Lake.



OSi Map Series: Discovery Series – Sheet 33

TRAILHEAD / STARTING POINT: Battlebridge Lock near Leitrim Village

DIRECTIONS TO THE STARTING POINT: In Leitrim Village take the left turn for Keadue (R284) In 1km watch for a stone bridge which crosses the canal. Turn left just before and travel 100m to reach Battlebridge Lock. The trailhead is located at the mapboard here

Keeldra Lake



Trail Description

The trail starts at the amenity, with a safe off-road car parking facility. For the most part this trail passes alongside fields and the attractive shoreline. It is a quiet space and you feel miles away from everything and you can take time to relax and enjoy the quiet surroundings. The trail wraps around the lake to the bog field at the top of the lake, where it leads you through an attractive rocky area and across to the bog pass. This will bring walkers uphill where the view back over the lake is at its most attractive. From here you can see magnificent views of the adjoining five counties. The immense beauty of Keeldra Lake is seen in its entirety here; breath-taking views of the lake, it's beautiful shoreline, flanked by forestry in places. The bog pass leads uphill to a small gate and onto the quiet road. The final section of pathway brings you back to the shoreline. The trail now leads back to the amenity's carpark and picnic area, where you can sit and enjoy the tranquillity for a while!

GRADE: Easy

LENGTH OF WALK: 2.7km

TIME: 30-45 mins

WAYMARKING: Yes

DOGS ALLOWED: Yes – on a lead

WALKING TERRAIN: Level

WALK ASCENT: 22m

FACILITIES NEARBY: Amenity area facilitating swimming, fishing, water sports and relaxation. Toilet and changing facilities available



OSi Map Series: Discovery Series – Sheet 34

TRAILHEAD / STARTING POINT: N53 55 8.845, W 7 46 20.401

DIRECTIONS TO THE STARTING POINT: The trail head is to the right of the carpark, across from the pier on the lake.

Crummy Loop



Trail Description

Starting from the mapboard at Jackie Lee's Shop follow the purple and blue arrows along the roadway for 200m to reach a grassy laneway on your left – turn left here. Continue to follow the purple and blue arrows for over 1km to reach a crossroads where the Aghacashel Loop (blue arrows) turns left – but you turn right. Now follow the purple arrows as the loop takes you through a section of forestry to reach a surfaced roadway at a 3-way junction in the townland of Crummy – turn left here. Continue to follow the purple arrows along the minor roadway for approx 2 km to reach a sanded roadway where you turn left. The loop now takes you across a section of bogland before joining a surfaced roadway and turning right. After 2km you join the L3306 and turn left. After 300m cross Aghlin Bridge and continue to follow the purple arrows along road for 2km to rejoin blue loop and shortly afterwards return to the trailhead.

GRADE: Moderate

LENGTH OF WALK: 12km

TIME: 3 hours / 3 hours 30mins

WAYMARKING: Yes

DOGS ALLOWED: No

WALKING TERRAIN: Minor roads, forestry

tracks, country lanes

WALK ASCENT: 120/80m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Drumshanbo 7km
cafés, pubs and accommodation



OSi Map Series: Discovery Series – Sheet 26

TRAILHEAD / STARTING POINT: Mapboard at Aghacashel – Jackie Lee's shop

DIRECTIONS TO THE STARTING POINT: From Drumshanbo follow signs for L3306 in the direction of Aghacashel. In approx 7km you reach Aghacashel. The trailhead is at the mapboard beside the shop and post office on your right.

Aghacashel Loop



Trail Description

Starting from the mapboard at Jackie Lee's Shop follow the blue and purple arrows along the roadway for 200m to reach a grassy laneway on your left – take left turn here. Continue to follow the blue and purple arrows for over 1km to reach a crossroads where the Crummy Loop (purple arrows) turns right – but you turn left. A short trek of 200m takes you to join the L3306 where you turn left and follow the blue arrows along this minor road for 1 km to return to the trailhead.

GRADE: Easy

LENGTH OF WALK: 3km

TIME: 1 hour

WAYMARKING: Yes

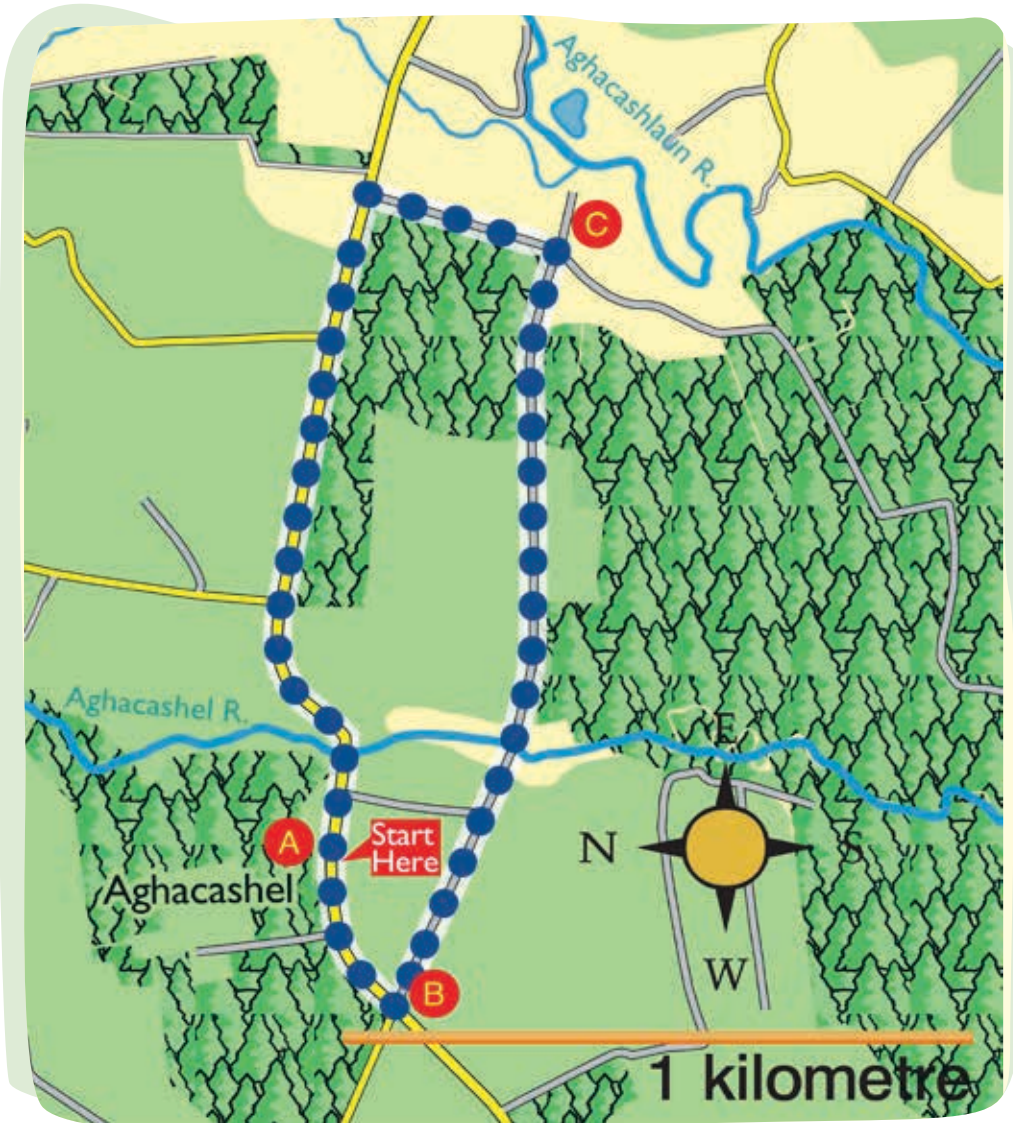
DOGS ALLOWED: No

WALKING TERRAIN: Minor Roads, country lanes

WALK ASCENT: 120/30m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Drumshanbo 7km – cafés, pubs, restaurants and accommodation



OSi Map Series: Discovery Series – Sheet 26

TRAILHEAD / STARTING POINT: Mapboard at Aughacashel – Jackie Lee's shop

DIRECTIONS TO THE STARTING POINT: In approx 7km you reach Aghacashel. The trailhead is at the mapboard beside the shop and post office on your right.

Tullylacken Loop



Trail Description

Starting from the mapboard at Stralongford follow the blue (and purple) arrows along the minor road for 200m to cross Stralongford Bridge. Follow the road for a further 300m to reach a Y junction – take the sanded forestry roadway on the left. Continue to follow this sanded roadway for 800m to reach a junction with a roadway (and old buildings) on your left. Turn left here. Continue to follow the blue and purple arrows as the loop follows the forestry roadways for approx 5km to reach a junction overlooking the Yellow River. Turn left here. Now follow the blue arrows as the loop takes you downhill along the bank of the Yellow River. After 1km you cross the river and follow the blue arrows along forestry roadways and farm laneways to return to the trailhead.

GRADE: Moderate

LENGTH OF WALK: 10km

TIME: 3 hours / 3 hours 30mins

WAYMARKING: Yes

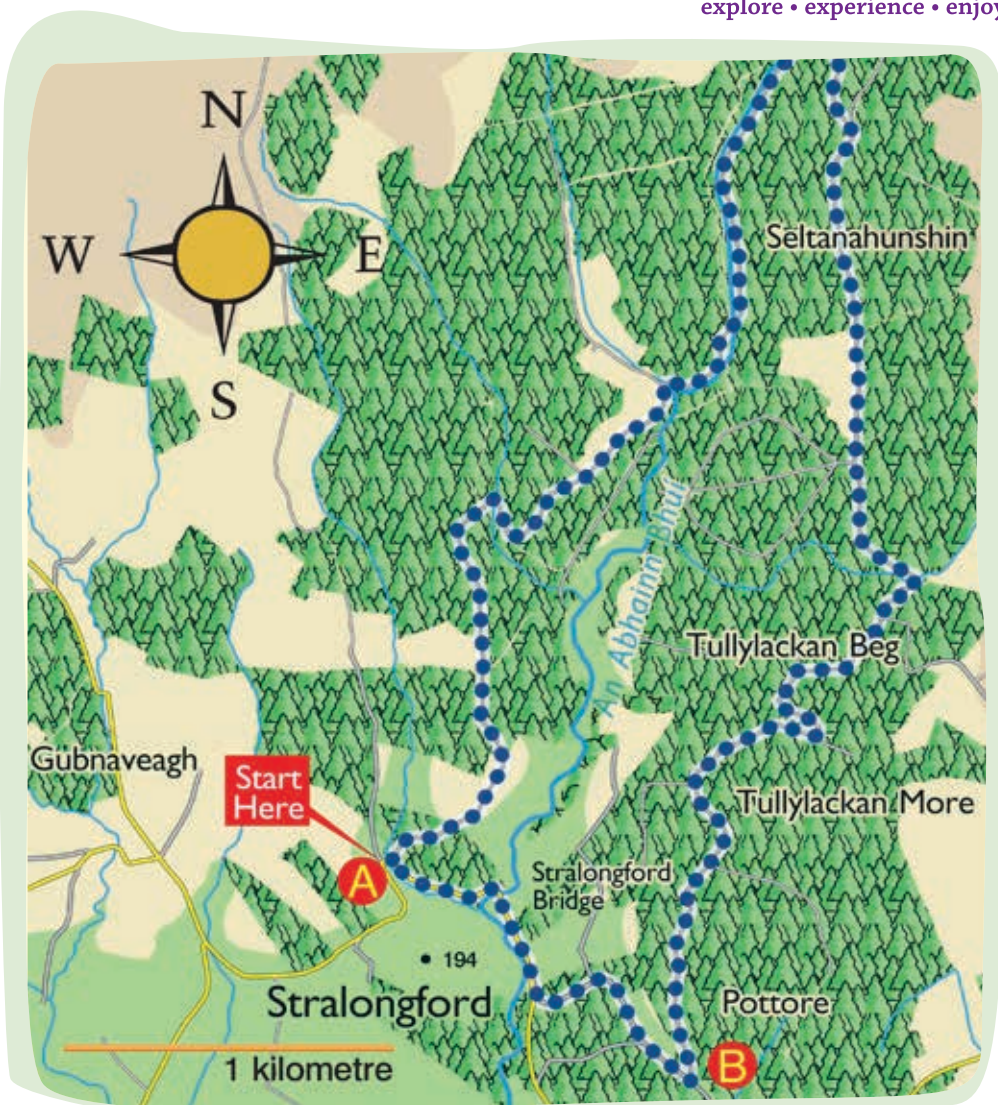
DOGS ALLOWED: No

WALKING TERRAIN: Minor roads and forestry tracks

WALK ASCENT: 290/180m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Drumshanbo 7km – cafés, pubs, restaurants and accommodation



OSi Map Series: Discovery Series – Sheet 26

TRAILHEAD / STARTING POINT: Stralongford, Aghacashel.

DIRECTIONS TO THE STARTING POINT: In approx 7km you reach Aghacashel. In 1km turn left at the signpost for Ballinaglera and travel 6km to reach T-Junction, turn right. Follow this road for approx 1km to a sharp right bend with forestry roadway on your left. The trailhead is located on the mapboard at the start of the forestry roadway.

Arroo Trail



Trail Description

The starting point is Aghanlish Community Centre in the beautiful Glenade Valley (Glen of Jealousy). This moderate, linear walk follows an existing bog road before continuing onto open hillside. The trails offers stunning views of Arroo Mountain, Keelogyboy, Truskmore and out to Mullaghmore. Part of the walk is on paved paths and part on green roads that are surrounded by heather and hills

GRADE: Moderate

LENGTH OF WALK: 8km

TIME: 2 hours

WAYMARKING: No

DOGS ALLOWED: No

WALKING TERRAIN: Mountain trail

WALK ASCENT: 250m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Manorhamilton 10km and Kinlough 10km – Shops cafés, pubs restaurants and accommodation



OSi Map Series: Discovery Series – Sheet 16

TRAILHEAD / STARTING POINT: Aghanish Community Centre **G803 524**

DIRECTIONS TO THE STARTING POINT: Aghanish Community Centre in the Glenade Valley

Glencar Hill Walk



Walkers on the Glencar Hill Walk must be accompanied by a local walking guide. For more details, please contact walkleitrim@gmail.com

Trail Description

Starting from the shores of Glencar Lake, we will follow a road/path towards Dooneens. There is a climb at the start but pace will be easy. Enjoy fabulous views over to Knocknarea enroute. You can return via the same linear walk, or alternatively, walk via Hudson's Road at the earlier divergence of the two roads. You will be treated to the most incredible views over Sligo Bay, Truskmore, Leanne, the Leitrim Hills and Glencar Lake & Valley.

GRADE: Moderate

LENGTH OF WALK: 7km

TIME: 2 hours

WAYMARKING: No

DOGS ALLOWED: No

WALKING TERRAIN: Mountain trail

WALK ASCENT: 270m

SUGGESTED GEAR: Specific outdoor walking footwear and clothing are required

FACILITIES NEARBY: Manorhamilton 5km – cafés, pubs and accommodation

TRAILHEAD / STARTING POINT: Glencar Lake **G763 433**

DIRECTIONS TO THE STARTING POINT: Glencar Waterfall carpark, Formoyle, Glencar, Leitrim

Walker Safety Tips

- 
- A photograph of three hikers seen from behind, walking across a field of tall, dry, brown grass. They are wearing backpacks and outdoor gear. The background shows rolling hills under a cloudy sky.
1. Bring a mobile phone and make sure that it is charged
 2. Check the weather and wear suitable clothing
 3. Bring waterproof kit even if the weather is dry, it can change very quickly
 4. Wear boots or strong shoes and carry some spare layers
 5. Get an accurate weather forecast.
 6. Bring water and food
 7. Park your car in a considerate place – do not block entrances
 8. Plan your route and let someone know where you are going then let them know when you have returned
 9. If dogs are allowed please keep them on a lead
 10. In case of emergency call 999 or 112

LONG DISTANCE
WALK

Leitrim Way



Trail Description

The Leitrim Way is a 25km walk from Leitrim Village to Dowra through a variety of landscape forms common to this beautiful part of the northwest of Ireland. Starting in Leitrim Village and following the canal bank to Drumshanbo the route is made up of tracks old and new in its entirety, resulting in a fairly fast pace. The walk is generally more attractive if taken from Drumshanbo going north to Dowra. The Sliabh an Iarainn Visitor Centre at Drumshanbo explores the heritage associated with the land through which the walking route passes, focusing in particular on the Lough Allen area.

Leitrim Way

Trail Name: **Leitrim Village to Drumshanbo**

Leitrim
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WALKS CATEGORY:

Linear

GRADE: Multi-Access

LENGTH OF WALK: 7km

WALK ASCENT: 200m

TIME: 1.5 hours

WAYMARKING: Yes

WALKING TERRAIN :

Minor road and canal side paths.

**GPS LOCATION/
TRAILHEAD STARTING
POINT:** Leitrim Village

DOGS ALLOWED: Yes –
on a lead

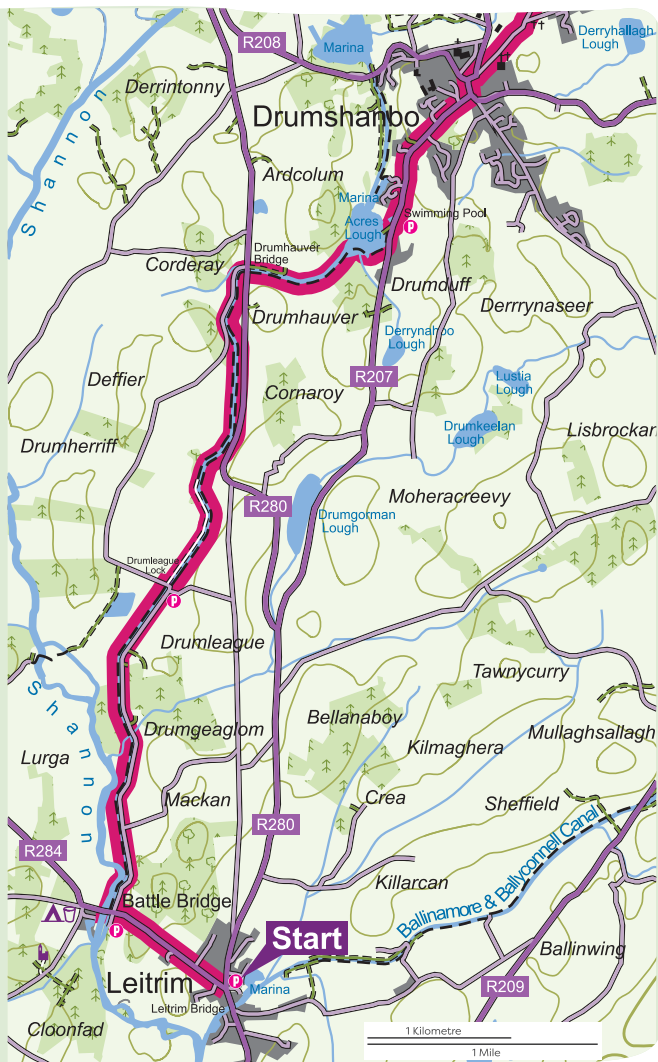
SUGGESTED GEAR:

Specific outdoor walking
footwear and clothing
required

FACILITIES NEARBY:

Leitrim Village shops, pubs
and accommodation.
Drumshanbo shops, pubs,
café/restaurants and
accommodation

OSi Map Series: Discovery
Series – Sheet 26



Section Details

On leaving Leitrim village take the R284 signposted Keadue for approximately 1km. At the stonebridge turn right onto the roadway along the right bank of the canal. At Drumleague Lock continue straight along the canal side path. At Drumhauver Bridge continue straight, crossing with care, the R280 and take the canal path on the right hand side of the canal. After 1.5km you will reach The Boardwalk and Acres Lake. Follow this path to the Acres Lake Amenity and car park.

Leitrim Way

Trail Name: **Drumshanbo to Cornamuckla**

Leitrim
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WALKS CATEGORY:

Linear

GRADE: Moderate

LENGTH OF WALK: 9km

WALK ASCENT: 7m

TIME: 2 hours

WAYMARKING: Yes

WALKING TERRAIN:

Fairly level minor roads.

**GPS LOCATION/
TRAILHEAD STARTING
POINT:** Drumshanbo

DOGS ALLOWED: No

SUGGESTED GEAR:

Specific outdoor walking
footwear and clothing
required

FACILITIES NEARBY:

Drumshanbo shops, pubs,
café/restaurants and
accommodation

OSi Map Series: Discovery
Series – Sheet 26



Section Details

Leaving Drumshanbo follow the road north up Convent Avenue. Passing the church on your right take the next turn left on to the local road and continue north. There are fine views west to Lough Allen and Corrie Mountain along this stretch. In approx 6km you will cross the Stony River on a metal footbridge and continue north along local road. After 2km you will reach a car park where you will have completed this section of The Leitrim Way. There is a fine example of a sweathouse, located approx 300m to the east and is well worth a visit. It is thought that sweathouses were an early form of sauna used in the late 18th and 19th century.

Leitrim Way

Trail Name: **Cornamuckla to Dowra**

Leitrim
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WALKS CATEGORY:

Linear

GRADE: Strenuous

LENGTH OF WALK: 9km

WALK ASCENT: 185m

TIME: 3 hours

WAYMARKING: Yes

WALKING TERRAIN:

Local road and grass tracks

GPS LOCATION/ TRAILHEAD STARTING POINT:

Car park at
Cornamuckle/Cleighran
More

DOGS ALLOWED: No

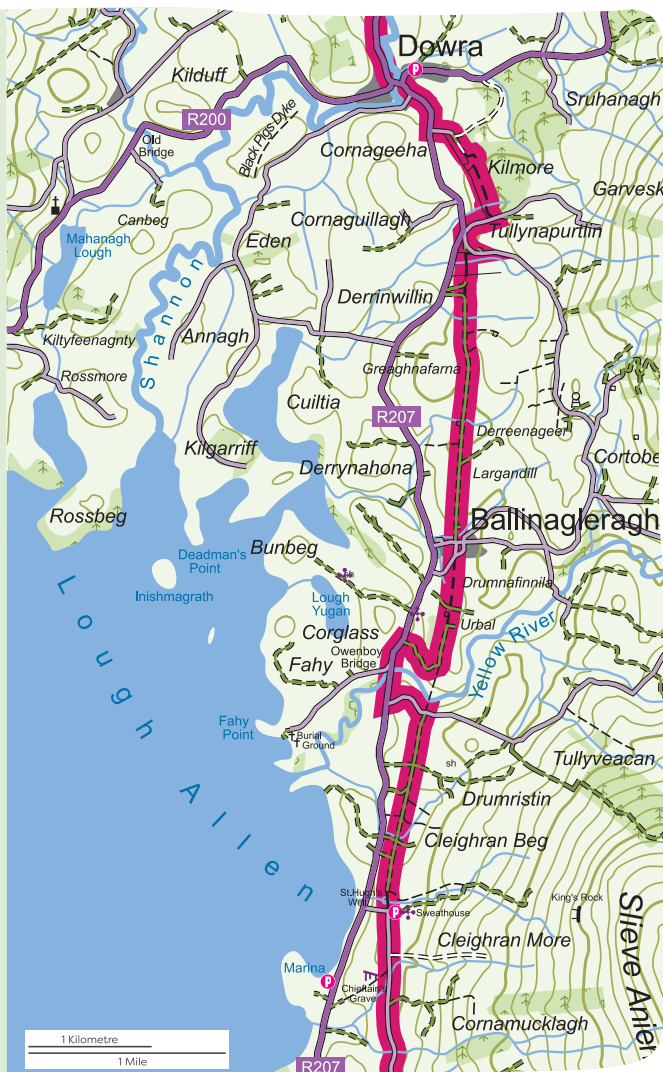
SUGGESTED GEAR:

Specific outdoor walking
footwear and clothing
required

FACILITIES NEARBY:

Dowra shop and pub.

OSi Map Series: Discovery
Series – Sheet 26



Section Details

Leaving the car park follow the track straight ahead. There is a steep climb away from the trailhead with St Hugh's Well marked, to the left, a short way from the start. The track then follows typical drumlin country through farmland and local roads. At the halfway point in Ballinaglera follow the track straight ahead with a climb up out of the village. In approx 3km, in the townland of Tullynapurtlin the ground can be very boggy particularly during rain. In 1.75km you will reach the village of Dowra where you can link up with the Cavan Way.

LONG DISTANCE
WALK

Miners Way & Historical Trail



Trail Description

The Miners Way and Historical Trail is a network of waymarked routes through picturesque hills and valleys of Counties Sligo, Leitrim, Roscommon. The Miners Way follows many of the paths used by the miners going to work in Arigna Mines while the two routes total 118 kilometres in length and can be walked in two sections. For the purposes of this publication we have concentrated on the sections of the walks in county Leitrim. Waymarking is marker post with yellow arrows or walking men. The route is complex and you should look out for marker posts. There are also old mine entrances which should be avoided.

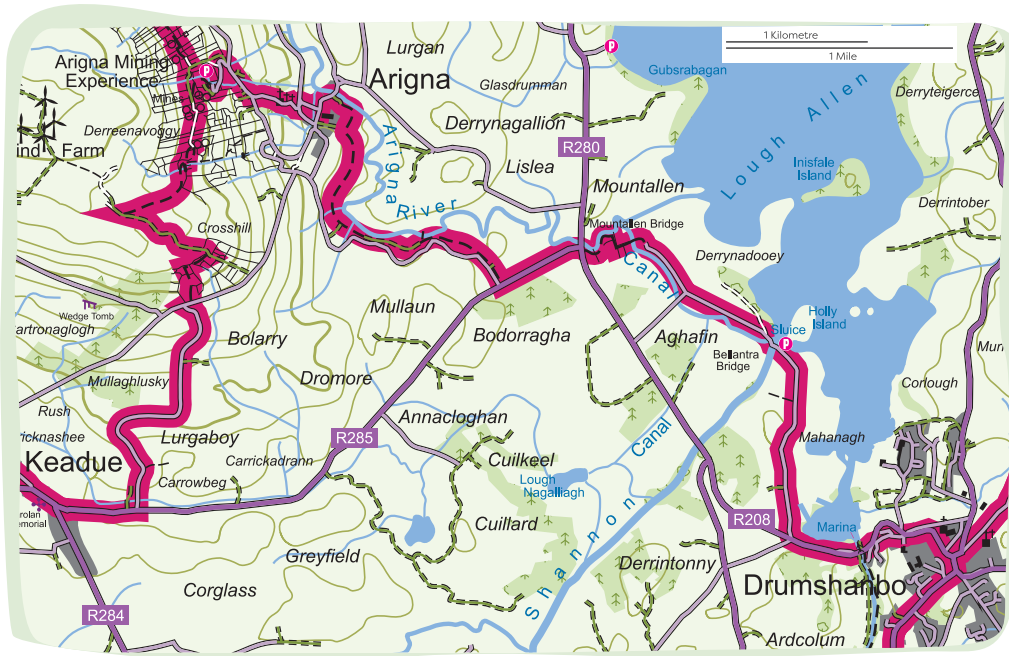
For information on the whole trail see:

www.irishtrails.ie or www.unabhan.ie/minersway

Miners Way

Trail Name: **Arigna to Drumshanbo**

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OSi Map Series: Discovery Series – Sheet 26

WALKS CATEGORY: Linear

GRADE: Moderate

LENGTH OF WALK: 7km

WALK ASCENT: 200m

TIME: 2.5 hours

WAYMARKING: Yes

WALKING TERRAIN: The terrain on the route consists mainly of a variety of quiet tarmac roads, paths across fields, open (and often wet) moorland and forestry paths

DOGS ALLOWED: No

SUGGESTED GEAR: Specific outdoor walking footwear and clothing required

FACILITIES NEARBY: Arigna and Drumshanbo – shops, pubs, café/restaurants and accommodation

TRAILHEAD: Arigna Village

DIRECTIONS TO TRAILHEAD STARTING

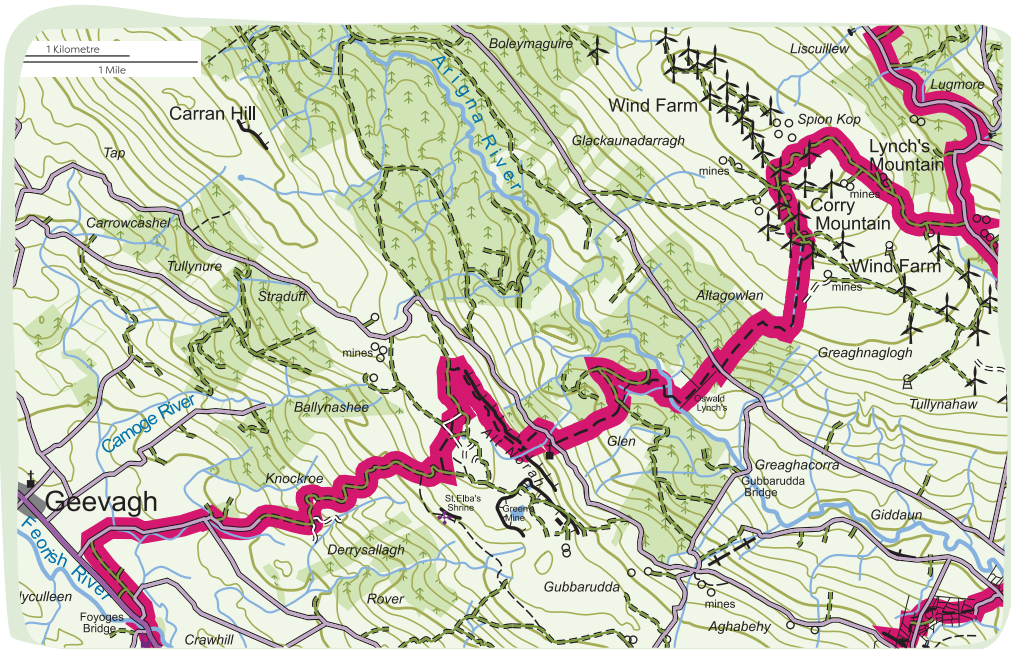
POINT: Turn off R280 for Arigna village

Section Details

This section of the Miners Way leaves Arigna via the old railway track towards Mount Allen. It crosses open farmland and can, at times, be wet. At Mountallen bridge cross the R280 and then follow the marker posts which take you close to the Arigna River to Old French Road which leads in turn onto the main road into Drumshanbo.

Trail Name: **Geevagh to Lynch's Mountain**

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OSi Map Series: Discovery Series – Sheet 26

WALKS CATEGORY: Linear – Uplands

GRADE: Strenuous

LENGTH OF WALK: 8.5km

WALK ASCENT: 390m

TIME: 2.5 to 3 hours

WAYMARKING: Yes

WALKING TERRAIN: Quiet tarmac roads, paths across fields, open (and often wet) moorland and forestry paths

DOGS ALLOWED: No

SUGGESTED GEAR: Specific outdoor walking footwear and clothing required

FACILITIES NEARBY: Arigna and Drumshanbo – shops, pubs, café/restaurants and accommodation

TRAILHEAD: Geevagh

DIRECTIONS TO TRAILHEAD: Geevagh is approximately 4km from Ballyfarnon on R284

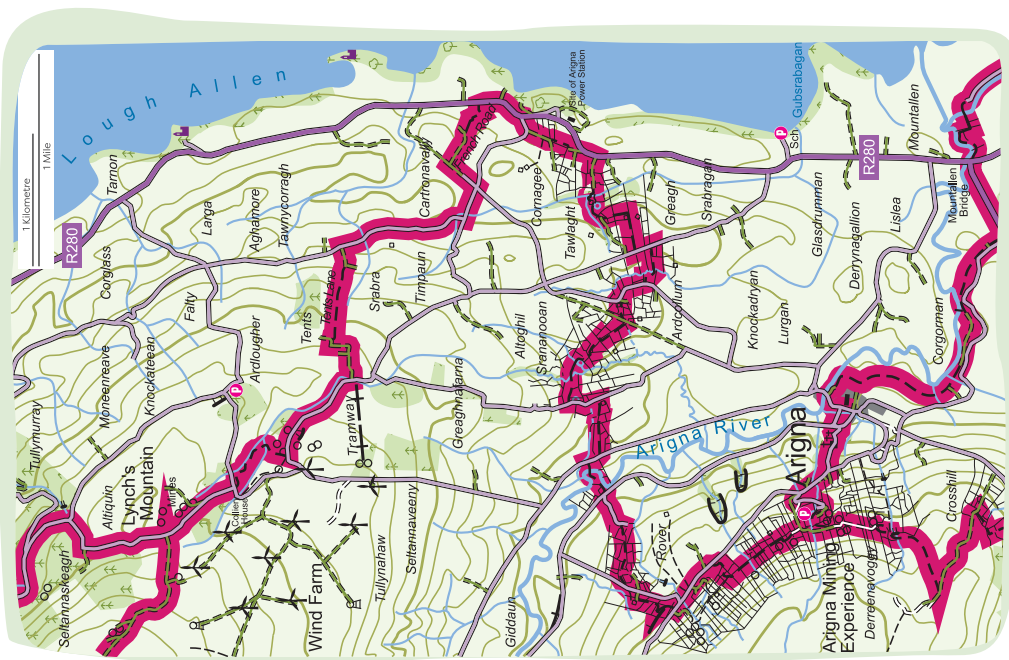
Section Details

From Geevagh village follow the marked trail as the track rises steeply to its highest point at 383m. The track then follows open moorlands towards Spion Kop Windfarm. The trail continues along local roads to the end of this section at Lynch's Mountain.

Miners Way

Trail Name: **Lynch's Mountain to the Old Power Station**

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OSi Map Series: Discovery Series – Sheet 26

WALKS CATEGORY: Linear

GRADE: Strenuous

LENGTH OF WALK: 7 km

WALK DESCENT: 200m

TIME: 2.5 hours

WAYMARKING: Yes

WALKING TERRAIN: Quiet tarmac roads, paths across fields, and forestry paths

DOGS ALLOWED: No

SUGGESTED GEAR: Specific outdoor walking footwear and clothing required

FACILITIES NEARBY: Arigna and Drumshanbo – shops, pubs, café/restaurants and accommodation

TRAILHEAD STARTING POINT: Lynch's Mountain

DIRECTIONS TO TRAILHEAD: Take L4288 off R280 at Tarmon Church, signposted for Scarden Waterfall. Follow road uphill to small car park at the top of the mountain. You can join the trail here

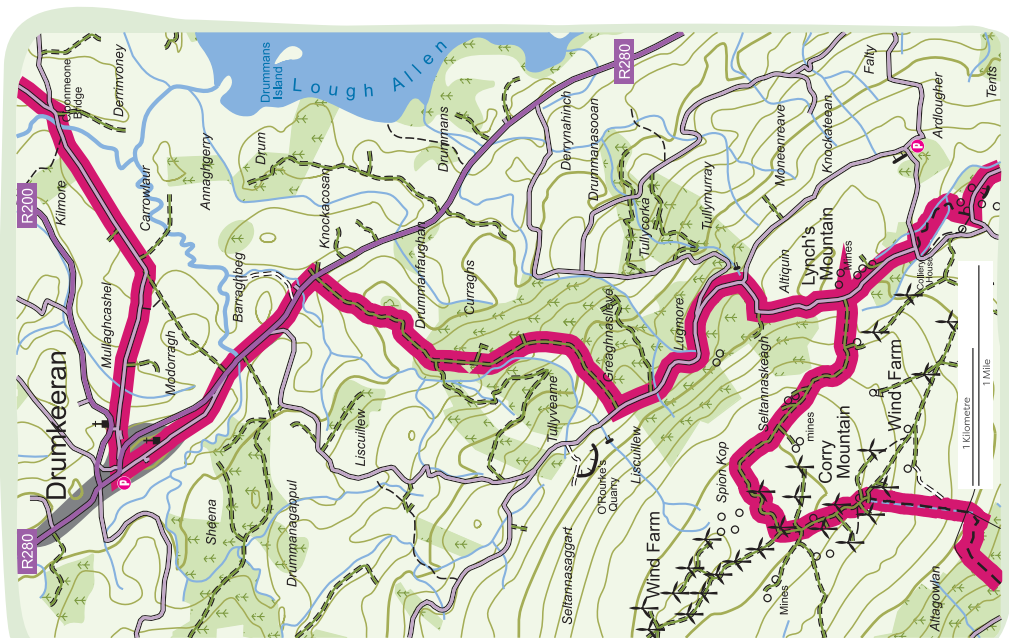
Section Details

Follow marked trail along local roads and open moorland and farmland. The trail at Tents townland meets local tarred road which descends to meet R280. Great care is required on this short section (approx 75m) of main road before you cross the road and follow the track to the site of the old Arigna coal fuel power station.

Miners Way

Trail Name: **Lynch's Mountain to Drumkeeran**

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OSi Map Series: Discovery Series – Sheet 26

WALKS CATEGORY: Linear – Uplands

GRADE: Moderate

LENGTH OF WALK: 6km

WALK DESCENT: 275m

TIME: 1.5 to 2 hours

WAYMARKING: Yes

WALKING TERRAIN: Quiet tarmac roads and forestry paths..

DOGS ALLOWED: No

SUGGESTED GEAR: Specific outdoor walking footwear and clothing required

FACILITIES NEARBY: Drumkeeran shop, café and pubs

TRAILHEAD STARTING POINT: Lynch's Mountain

DIRECTIONS TO TRAILHEAD: Take L4288 off R280 at Tarmon Church, signposted for Scarden Waterfall. Follow road uphill to small car park at the top of the mountain. You can join the trail here.

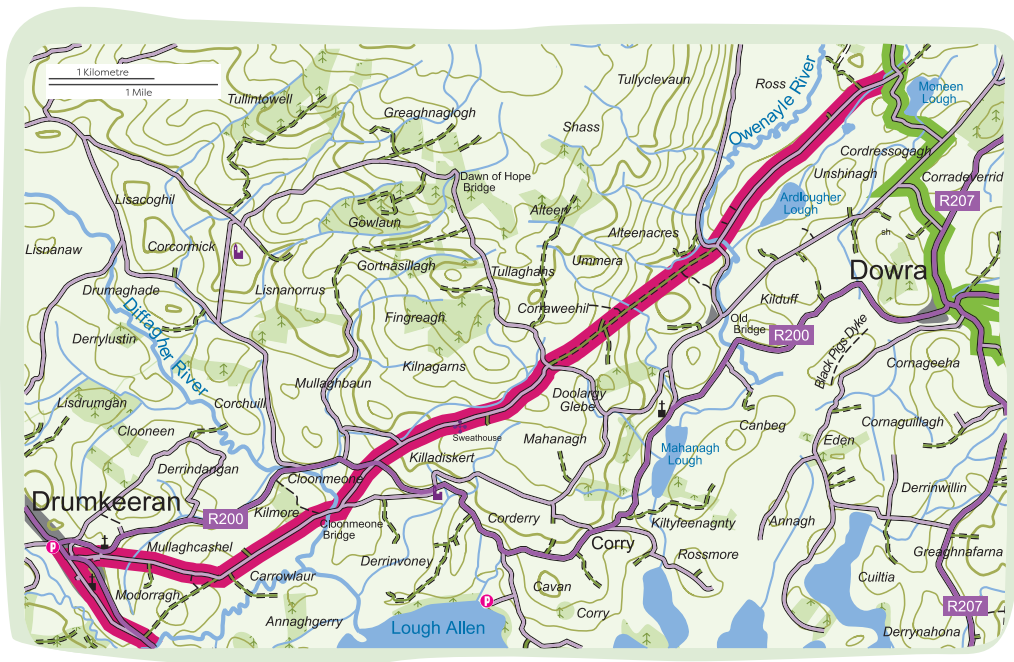
Section Details

This section follows mostly local roads with fine views of Lough Allen. The trail reaches the R280 and continues on this main road for approx 2km when you turn left and follow the trail left, uphill on local roads to the village of Drumkeeran.

Miners Way

Trail Name: **Drumkeeran to Dowra**

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OSi Map Series: Discovery Series – Sheet 26

WALKS CATEGORY: Linear – Uplands

GRADE: Moderate

LENGTH OF WALK: 11km

WALK ASCENT: 200m

TIME: 3 hours

WAYMARKING: Yes

WALKING TERRAIN: Quiet tarmac roads.

DOGS ALLOWED: No

SUGGESTED GEAR: Specific outdoor walking footwear and clothing required

FACILITIES NEARBY: Drumkeeran and Dowra have shops, pubs, cafés/restaurants

TRAILHEAD: Drumkeeran

DIRECTIONS TO TRAILHEAD: R280 - Drumkeeran

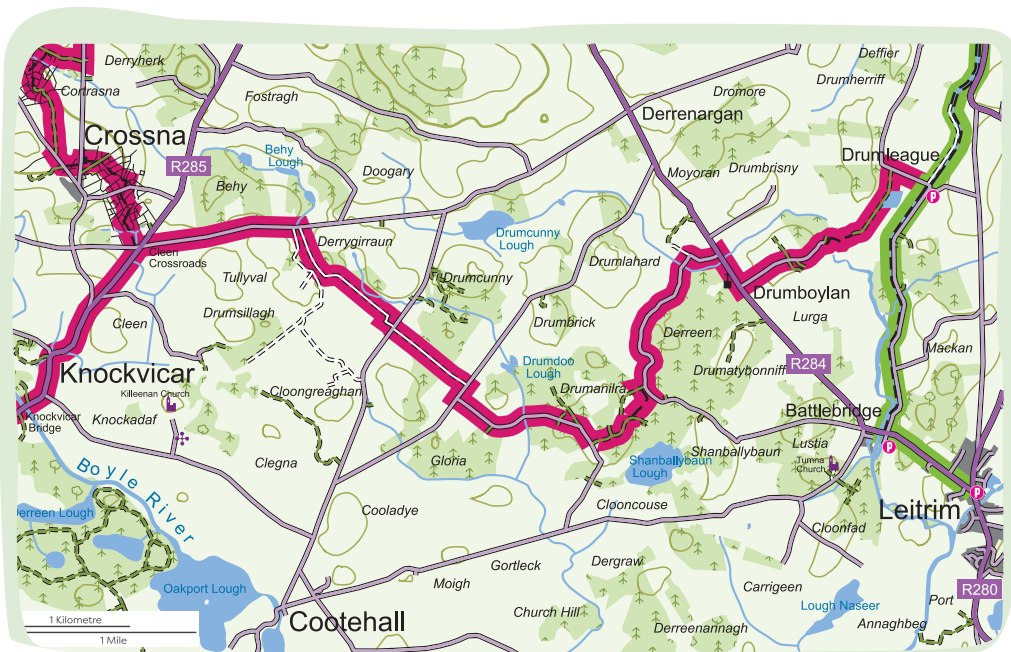
Section Details

This trail heads north out of Drumkeeran and takes the signed route following the Old Coach Road. The route follows minor tarred roads over a series of drumlin hills. On reaching the junction with Leitrim Way join trail to right to reach Dowra and arrive at the end of this section.

Miners Way

Trail Name: **Knockvicar to Leitrim Way**

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OSi Map Series: Discovery Series – Sheet 33

WALKS CATEGORY: Linear

GRADE: Moderate

LENGTH OF WALK: 15km

WALK ASCENT: 50m

TIME: 3.5–4 hours

WAYMARKING: Yes

WALKING TERRAIN: The terrain on the route consists mainly of a variety of quiet tarmac roads, paths across fields

DOGS ALLOWED: No

SUGGESTED GEAR: Specific outdoor walking footwear and clothing required

FACILITIES NEARBY: Leitrim Village shops, pubs and accommodation.

TRAILHEAD: Knockvicar

DIRECTIONS TO TRAIL HEAD: Take N4 out of Carrick on Shannon then R285 for Knockvicar.

Section Details

From Knockvicar village follow trails posts along local roads. At Cleen Crossroads across farmland intersecting with local roads and following forestry paths. The track turns northeast towards Drumboylan. From there it crosses farmland again and then uses local roads to reach Drumleague Lock where it meets the Leitrim Way.

Getting There

Leitrim in the northwest of Ireland is just 50 minutes from Ireland West airport Knock and 2 hours from the major cities of Dublin, Belfast and Galway

Driving Distances

Dublin International Airport
160km

Belfast International Airport
170km

Ireland West International
Airport - Knock
60km

Dun Laoghaire, Dublin
168km

Larne, Antrim
207km

By Bus

Bus Eireann servicing all
main towns and cities
www.buseireann.ie

For local routes see
www.locallink.ie

By Air

Ireland West International
Airport
www.irelandwestairport.com

Belfast International Airport
www.belfastairport.com

George Best Belfast City Airport
www.belfastcityairport.com

Dublin International Airport
www.dublinairport.com

Shannon International Airport
www.shannonairport.ie

By Sea

Dublin, Dun Laoghaire, Belfast and **Larne** are served
by car ferry from Britain

Rosslare and **Cork** are served
by car ferries from Britain and
France

By Rail

Iarnrod Eireann –
Irish Rail Network
www.irishrail.ie

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2040



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