

# Arroo Trail



## Trail Description

The starting point is Aghanlish Community Centre in the beautiful Glenade Valley (Glen of Jealousy). This moderate, linear walk follows an existing bog road before continuing onto open hillside. The trails offers stunning views of Arroo Mountain, Keelogyboy, Truskmore and out to Mullaghmore. Part of the walk is on paved paths and part on green roads that are surrounded by heather and hills

**GRADE:** Moderate

**LENGTH OF WALK:** 8km

**TIME:** 2 hours

**WAYMARKING:** No

**DOGS ALLOWED:** No

**WALKING TERRAIN:** Mountain trail

**WALK ASCENT:** 250m

**SUGGESTED GEAR:** Specific outdoor walking footwear and clothing are required

**FACILITIES NEARBY:** Manorhamilton 10km and Kinlough 10km – Shops, cafés, pubs, restaurants and accommodation



OSi Map Series: Discovery Series – Sheet 16

**TRAILHEAD / STARTING POINT:** Aghanlish Community Centre **G803 524**

**DIRECTIONS TO THE STARTING POINT:** Aghanlish Community Centre in the Glenade Valley